



***Find Your Fit* Post Event Activity**

Teacher Instructions

Activity: After the *WorkBC Find Your Fit* event, students are asked to review one occupation of interest that was highlighted at the event.

Materials: *Find Your Fit* student worksheet

Time Required: 15-20 minutes

Instructions: Students will review the *Summary of Highlighted Occupations* and/or other occupations of interest discovered at the *Find Your Fit* event or by exploring the online *WorkBC.ca* tools: *WorkBC's Career Trek, Career Profiles, and Job Search*. Students will be asked to identify a current occupation of interest and consider the essential skills that may be required for this occupation. Students will be asked to reflect on their strengths as an individual and consider questions they may have about this occupation.