



### Occupation Skills Student Worksheet

Name \_\_\_\_\_

When you attend the *Find Your Fit* event or explore the *WorkBC.ca* tools online, you will find information on 14 essential skills throughout. Complete the following activity to learn about these 14 skills.

**Instructions:** Match the name of each skill (listed by letter) with the correct description of each skill (listed by number).

#### Skills

- A. Object-oriented
- B. Social
- C. Clerical Ability
- D. Innovative
- E. Spatial Perception
- F. Methodical
- G. Manual Dexterity
- H. Directive
- I. General Learning Ability
- J. Verbal & Written Comprehension
- K. Detail-Oriented
- L. Numerical Ability
- M. Finger Dexterity
- N. Motor Coordination



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#### Skill Descriptions

1. \_\_\_\_ The ability to give direction and instruction easily. You are independent, self-directing and able to make decisions and coordinate others.
2. \_\_\_\_ You enjoy following a set routine and following procedures in your work.
3. \_\_\_\_ The ability to analyze information and solve problems.
4. \_\_\_\_ You like dealing with people and you enjoy working with and cooperating with others.
5. \_\_\_\_ The ability to see fine details in objects.
6. \_\_\_\_ The ability to grasp or understand instructions and underlying principles; the ability to reason and make judgements.
7. \_\_\_\_ The ability to understand written and numeric material; can proofread words and numbers.
8. \_\_\_\_ The ability to understand numbers and perform math.
9. \_\_\_\_ The ability to perceive or react to the size, distance or depth of the environment.
10. \_\_\_\_ The ability to skillfully use your hands. You can move and turn objects and use hand tools.
11. \_\_\_\_ You are interested in finding out how things operate and how they are built.
12. \_\_\_\_ The ability to manipulate small objects with your fingers.
13. \_\_\_\_ You like to explore things in depth and solve problems by experimenting.  
You prefer to be challenged with new and unexpected experiences.
14. \_\_\_\_ The coordination of large, small and fine motor movements using the body (arms, legs, hands, etc.)